

**ENTRANCE ANTIPHON**

*O God, come to my assistance;  
O Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.*

**COLLECT**

Draw near to your servants, O Lord,  
and answer their prayers with unceasing kindness,  
that, for those who glory in you as their Creator and guide,  
you may restore what you have created  
and keep safe what you have restored.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
*Amen.*

**FIRST READING** Isaiah 55:1-3

A reading from the prophet Isaiah.

Thus says the Lord:

Oh, come to the water all you who are thirsty;  
though you have no money, come!  
Buy corn without money, and eat,  
and, at no cost, wine and milk.  
Why spend money on what is not bread,  
your wages on what fails to satisfy?  
Listen, listen to me and you will have good things to eat  
and rich food to enjoy.  
Pay attention, come to me;  
listen, and your soul will live.  
With you I will make an everlasting covenant  
out of the favours promised to David.  
The word of the Lord.  
*Thanks be to God.*

**PSALM** Psalm 144

**RESPONSE:** *You open wide your hand, O Lord,  
you grant our desires.*

1. The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **R.**
2. The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **R.**
3. The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
call on him from their hearts. **R.**

**SECOND READING** Romans 8:35. 37-39

A reading from the letter of St Paul to the Romans.

Nothing can come between us and the love of Christ, even if we  
are troubled or worried, or being persecuted, or lacking food or  
clothes, or being threatened or even attacked. These are the trials  
through which we triumph, by the power of him who loved us.  
For I am certain of this: neither death nor life, no angel, no  
prince, nothing that exists, nothing still to come, not any power,  
or height or depth, nor any created thing, can ever come between  
us and the love of God made visible in Christ Jesus our Lord.

The word of the Lord.  
*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Blessings on the King who comes,  
in the name of the Lord!  
Peace in heaven  
and glory in the highest heavens!  
Alleluia!*

Or

*Alleluia, alleluia!  
Man does not live on bread alone,  
but on every word that comes from the mouth of God.  
Alleluia!*

**GOSPEL** Matthew 14:13-21

A reading from the holy Gospel according to Matthew.

When Jesus received the news of John the Baptist's death  
he withdrew by boat to a lonely place where they could be by  
themselves. But the people heard of this and, leaving the towns,  
went after him on foot. So as he stepped ashore he saw a large  
crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, "This  
is a lonely place, and the time has slipped by; so send the people  
away, and they can go to the villages to buy themselves some  
food." Jesus replied, "There is no need for them to go: give them  
something to eat yourselves." But they answered, "All we have  
with us is five loaves and two fish." "Bring them here to me,"  
he said. He gave orders that the people were to sit down on the  
grass; then he took the five loaves and the two fish, raised his  
eyes to heaven and said the blessing. And breaking the loaves he  
handed them to his disciples who gave them to the crowds. They  
all ate as much as they wanted, and they collected the scraps  
remaining, twelve baskets full. Those who ate numbered about  
five thousand men, to say nothing of women and children.

The Gospel of the Lord.  
*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

Graciously sanctify these gifts, O Lord, we pray,  
and, accepting the oblation of this spiritual sacrifice,  
make of us an eternal offering to you.

Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*You have given us, O Lord, bread from heaven,  
endowed with all delights and sweetness in every taste.*

Or

*I am the bread of life, says the Lord;  
whoever comes to me will not hunger  
and whoever believes in me will not thirst.*

**PRAYER AFTER COMMUNION**

Accompany with constant protection, O Lord,  
those you renew with these heavenly gifts  
and, in your never-failing care for them,  
make them worthy of eternal redemption.  
Through Christ our Lord.

*Amen.*

**ENTRANCE ANTIPHON**

*Look to your covenant, O Lord,  
and forget not the life of your poor ones for ever.  
Arise, O God, and defend your cause,  
and forget not the cries of those who seek you.*

**COLLECT**

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as your sons and daughters,  
that we may merit to enter into the inheritance  
which you have promised.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

*Amen.*

**FIRST READING** 1 Kings 19:9, 11-13

A reading from the first book of the Kings.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, "Go out and stand on the mountain before the Lord." Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord.

*Thanks be to God.*

**PSALM** Psalm 84

**RESPONSE:** *Let us see, O Lord, your mercy  
and give us your saving help.*

1. I will hear what the Lord God has to say,  
a voice that speaks of peace.  
His help is near for those who fear him  
and his glory will dwell in our land. **R.**
2. Mercy and faithfulness have met;  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. **R.**
3. The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **R.**

**SECOND READING** Romans 9:1-5

A reading from the letter of St Paul to the Romans.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Blessings on the King who comes, in the name of the Lord!  
Peace in heaven and glory in the highest heavens!  
Alleluia!*

Or

*Alleluia, alleluia!  
My soul is waiting for the Lord,  
I count on his word.  
Alleluia!*

**GOSPEL** Matthew 14:22-33

A reading from the holy Gospel according to Matthew.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. "It is a ghost," they said, and cried out in fear. But at once Jesus called out to them, saying, "Courage! It is I! Do not be afraid." It was Peter who answered. "Lord," he said, "if it is you, tell me to come to you across the water." "Come," said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. "Lord! Save me!" he cried. Jesus put out his hand at once and held him. "Man of little faith," he said "why did you doubt?" And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, "Truly, you are the Son of God."

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

Be pleased, O Lord, to accept the offerings of your Church,  
for in your mercy you have given them to be offered  
and by your power you transform them  
into the mystery of our salvation.  
Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*O Jerusalem, glorify the Lord,  
who gives you your fill of finest wheat.*

Or

*The bread that I will give, says the Lord,  
is my flesh for the life of the world.*

**PRAYER AFTER COMMUNION**

May the communion in your Sacrament  
that we have consumed, save us, O Lord,  
and confirm us in the light of your truth.  
Through Christ our Lord.

*Amen.*

**ENTRANCE ANTIPHON**

*A great sign appeared in heaven:  
a woman clothed with the sun, and the moon beneath her feet,  
and on her head a crown of twelve stars.*

Or

*Let us all rejoice in the Lord,  
as we celebrate the feast day in honour of the Virgin Mary,  
at whose Assumption the Angels rejoice  
and praise the Son of God.*

**COLLECT**

Almighty ever-living God,  
who assumed the Immaculate Virgin Mary, the Mother of your Son,  
body and soul into heavenly glory,  
grant, we pray,  
that, always attentive to the things that are above,  
we may merit to be sharers of her glory.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

*Amen.*

**FIRST READING** Apocalypse 11:19; 12:1-6. 10

A reading from the book of the Apocalypse.

The sanctuary of God in heaven opened, and the ark of the covenant could be seen inside it.

Now a great sign appeared in heaven: a woman, adorned with the sun, standing on the moon, and with the twelve stars on her head for a crown. She was pregnant, and in labour, crying aloud in the pangs of childbirth. Then a second sign appeared in the sky, a huge red dragon which had seven heads and ten horns, and each of the seven heads crowned with a coronet. Its tail dragged a third of the stars from the sky and dropped them to the earth, and the dragon stopped in front of the woman as she was having the child, so that he could eat it as soon as it was born from its mother. The woman brought a male child into the world, the son who was to rule all the nations with an iron sceptre, and the child was taken straight up to God and to his throne, while the woman escaped into the desert, where God had made a place of safety ready. Then I heard a voice shout from heaven, "Victory and power and empire for ever have been won by our God, and all authority for his Christ."

The word of the Lord.

*Thanks be to God.*

**Psalm** Psalm 44

**RESPONSE:** *On your right stands the queen,  
in garments of gold.*

1. The daughters of kings are among your loved ones.  
On your right stands the queen in gold of Ophir.  
Listen, O daughter, give ear to my words:  
forget your own people and your father's house. **R.**
2. So will the king desire your beauty:  
he is your lord, pay homage to him.  
They are escorted amid gladness and joy;  
they pass within the palace of the king. **R.**

**SECOND READING** 1 Corinthians 15:20-26

A reading from the first letter of St Paul to the Corinthians.

Christ has been raised from the dead, the first-fruits of all who have fallen asleep. Death came through one man and in the same way the resurrection of the dead has come through one man. Just as all men die in Adam, so all men will be brought to life in Christ; but all of them in their proper order: Christ as the first-fruits and then, after the coming of Christ, those who belong to him. After that will come the end, when he hands over the kingdom to God the Father, having

done away with every sovereignty, authority and power. For he must be king until he has put all his enemies under his feet and the last of the enemies to be destroyed is death, for everything is to be put under his feet.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Mary has been taken up into heaven;  
all the choirs of angels are rejoicing.  
Alleluia!*

**GOSPEL** Luke 1:39-56

A reading from the holy Gospel according to Luke.

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, "Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled."

And Mary said:

"My soul proclaims the greatness of the Lord  
and my spirit exults in God my saviour;  
because he has looked upon his lowly handmaid.  
Yes, from this day forward all generations will call me blessed,  
for the Almighty has done great things for me.  
Holy is his name,  
and his mercy reaches from age to age for those who fear him.  
He has shown the power of his arm,  
he has routed the proud of heart.  
He has pulled down princes from their thrones and exalted the lowly.  
The hungry he has filled with good things, the rich sent empty away.  
He has come to the help of Israel his servant, mindful of his mercy –  
according to the promise he made to our ancestors –  
of his mercy to Abraham and to his descendants for ever."

Mary stayed with Elizabeth about three months and then went back home.

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

May this oblation, our tribute of homage,  
rise up to you, O Lord,  
and, through the intercession of the most Blessed Virgin Mary,  
whom you assumed into heaven,  
may our hearts, aflame with the fire of love,  
constantly long for you.  
Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*All generations will call me blessed,  
for he who is mighty has done great things for me.*

**PRAYER AFTER COMMUNION**

Having received the Sacrament of salvation,  
we ask you to grant, O Lord,  
that, through the intercession of the Blessed Virgin Mary,  
whom you assumed into heaven,  
we may be brought to the glory of the resurrection.  
Through Christ our Lord.

*Amen.*

**ENTRANCE ANTIPHON**

*Turn your ear, O Lord, and answer me;  
save the servant who trusts in you, my God.  
Have mercy on me, O Lord, for I cry to you all the day long.*

**COLLECT**

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.  
**Amen.**

**FIRST READING** Isaiah 22:19-23

A reading from the prophet Isaiah.

Thus says the Lord of hosts to Shebna, the master of the palace:

I dismiss you from your office,  
I remove you from your post,  
and the same day I call on my servant Eliakim son of Hilkiyah.  
I invest him with your robe,  
gird him with your sash,  
entrust him with your authority;  
and he shall be a father to the inhabitants of Jerusalem and to the House of Judah.  
I place the key of the House of David on his shoulder;  
should he open, no one shall close,  
should he close, no one shall open.  
I drive him like a peg into a firm place;  
he will become a throne of glory for his father's house.  
The word of the Lord.  
**Thanks be to God.**

**PSALM** Psalm 137

**RESPONSE:** *Your love, O Lord, is eternal,  
discard not the work of your hands.*

1. I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple. **R.**
2. I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul. **R.**
3. The Lord is high yet he looks on the lowly  
and the haughty he knows from afar.  
Your love, O Lord, is eternal,  
discard not the work of your hands. **R.**

**SECOND READING** Romans 11:33-36

A reading from the letter of St Paul to the Romans.

How rich are the depths of God – how deep his wisdom and knowledge – and how impossible to penetrate his motives or understand his methods! Who could ever know the mind of the Lord? Who could ever be his counsellor? Who could ever give him

anything or lend him anything? All that exists comes from him; all is by him and for him. To him be glory for ever! Amen.

The word of the Lord.  
**Thanks be to God.**

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
God in Christ was reconciling the world to himself,  
and he has entrusted to us the news that they are reconciled.  
Alleluia!*

Or

*Alleluia, alleluia!  
You are Peter  
and on this rock I will build my Church.  
And the gates of the underworld can never hold out  
against it.  
Alleluia!*

**GOSPEL** Matthew 16:13-20

A reading from the holy Gospel according to Matthew.

When Jesus came to the region of Caesarea Philippi he put this question to his disciples, "Who do people say the Son of Man is?" And they said, "Some say he is John the Baptist, some Elijah, and others Jeremiah or one of the prophets." "But you," he said, "who do you say I am?" Then Simon Peter spoke up, "You are the Christ," he said, "the Son of the living God." Jesus replied, "Simon son of Jonah, you are a happy man! Because it was not flesh and blood that revealed this to you but my Father in heaven. So I now say to you: You are Peter and on this rock I will build my Church. And the gates of the underworld can never hold out against it. I will give you the keys of the kingdom of heaven: whatever you bind on earth shall be considered bound in heaven; whatever you loose on earth shall be considered loosed in heaven." Then he gave the disciples strict orders not to tell anyone that he was the Christ.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

O Lord, who gained for yourself a people by adoption through the one sacrifice offered once for all, bestow graciously on us, we pray, the gifts of unity and peace in your Church.  
Through Christ our Lord.  
**Amen.**

**COMMUNION ANTIPHON**

*The earth is replete with the fruits of your work, O Lord;  
you bring forth bread from the earth  
and wine to cheer the heart.*

Or

*Whoever eats my flesh and drinks my blood  
has eternal life, says the Lord,  
and I will raise him up on the last day.*

**PRAYER AFTER COMMUNION**

Complete within us, O Lord, we pray, the healing work of your mercy and graciously perfect and sustain us, so that in all things we may please you.  
Through Christ our Lord.  
**Amen.**

**ENTRANCE ANTIPHON**

*Have mercy on me, O Lord, for I cry to you all the day long.  
O Lord, you are good and forgiving,  
full of mercy to all who call to you.*

**COLLECT**

God of might, giver of every good gift,  
put into our hearts the love of your name,  
so that, by deepening our sense of reverence,  
you may nurture in us what is good  
and, by your watchful care,  
keep safe what you have nurtured.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

*Amen.*

**FIRST READING** Jeremiah 20:7-9

A reading from the prophet Jeremiah.

You have seduced me, Lord, and I have let myself be seduced;  
you have overpowered me: you were the stronger.

I am a daily laughing-stock,  
everybody's butt.

Each time I speak the word, I have to howl  
and proclaim: "Violence and ruin!"

The word of the Lord has meant for me  
insult, derision, all day long.

I used to say, "I will not think about him,  
I will not speak in his name any more."

Then there seemed to be a fire burning in my heart,  
imprisoned in my bones.

The effort to restrain it wearied me,  
I could not bear it.

The word of the Lord.

*Thanks be to God.*

**PSALM** Psalm 62

**RESPONSE:** *For you my soul is thirsting, O Lord my God.*

1. O God, you are my God, for you I long;  
for you my soul is thirsting.  
My body pines for you  
like a dry, weary land without water. **R.**
2. So I gaze on you in the sanctuary  
to see your strength and your glory.  
For your love is better than life,  
my lips will speak your praise. **R.**
3. So I will bless you all my life,  
in your name I will lift up my hands.  
My soul shall be filled as with a banquet,  
my mouth shall praise you with joy. **R.**
4. For you have been my help;  
in the shadow of your wings I rejoice.  
My soul clings to you;  
your right hand holds me fast. **R.**

**SECOND READING** Romans 12:1-2

A reading from the letter of St Paul to the Romans.

Think of God's mercy, my brothers, and worship him, I beg you,  
in a way that is worthy of thinking beings, by offering your living  
bodies as a holy sacrifice, truly pleasing to God. Do not model  
yourselves on the behaviour of the world around you, but let your

behaviour change, modelled by your new mind. This is the only  
way to discover the will of God and know what is good, what it is  
that God wants, what is the perfect thing to do.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!*

*May the Father of our Lord Jesus Christ  
enlighten the eyes of our mind,  
so that we can see  
what hope his call holds for us.  
Alleluia!*

**GOSPEL** Matthew 16:21-27

A reading from the holy Gospel according to Matthew.

Jesus began to make it clear to his disciples that he was destined  
to go to Jerusalem and suffer grievously at the hands of the  
elders and chief priests and scribes, to be put to death and to be  
raised up on the third day. Then, taking him aside, Peter started  
to remonstrate with him. "Heaven preserve you, Lord," he said.  
"This must not happen to you." But he turned and said to Peter,  
"Get behind me, Satan! You are an obstacle in my path, because  
the way you think is not God's way but man's."

Then Jesus said to his disciples, "If anyone wants to be a  
follower of mine, let him renounce himself and take up his cross  
and follow me. For anyone who wants to save his life will lose it;  
but anyone who loses his life for my sake will find it. What, then,  
will a man gain if he wins the whole world and ruins his life? Or  
what has a man to offer in exchange for his life?"

"For the Son of Man is going to come in the glory of his Father  
with his angels, and, when he does, he will reward each one  
according to his behaviour."

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

May this sacred offering, O Lord,  
confer on us always the blessing of salvation,  
that what it celebrates in mystery  
it may accomplish in power.  
Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*How great is the goodness, Lord,  
that you keep for those who fear you.*

Or

*Blessed are the peacemakers,  
for they shall be called children of God.  
Blessed are they who are persecuted for the sake of  
righteousness,  
for theirs is the Kingdom of Heaven.*

**PRAYER AFTER COMMUNION**

Renewed by this bread from the heavenly table,  
we beseech you, Lord,  
that, being the food of charity,  
it may confirm our hearts  
and stir us to serve you in our neighbour.  
Through Christ our Lord.

*Amen.*